

## Skate Parque e Zona de Parkour

**Type of action:** Playgrounds / long term action.

**Type of solutions:** Sport based solution.

**Location of the Good Practice:** Av. Amílcar Neto 270, 4620-687 Lousada, Portugal.

**Investor/s:** PARU (Action Plan for Urban Rehabilitation) North 2020, financed by FEDER (European Regional Development Fund).



**Cost of works/realization in euro:** 60.000,00€.

**Extension of the area:** 900m<sup>2</sup>.

**Rational and overall scope of the intervention:** This is a project that

*Photo by Municipality of Lousada*

came from an application to the Youth Participatory Budget, which, despite not being the winner, proved to be pertinent and was carried out by the Municipality of Lousada.

**Target groups addressed and related needs:** Children and Youth.

**Community engagement process / Participatory process:** This is a project that came from an application to the Youth Participatory Budget, which, despite not being the winner, proved to be pertinent and was carried out by the Municipality of Lousada.

**Description of technologies and material used for works:** The Skate Park is made up of four levels, and in the central area there is a pyramid that connects the platforms, where a Crub for pyramid development and handrails at the ends of the levels are positioned centrally.

The Parkour zone presents a set of obstacles, by means of straight walls, "L" shaped walls, inclined walls, boxes and floor platforms, which may be connected by tubular steel structures between them.

**Impact on the place aesthetics:** The Skate Park has been developed on level platforms which are moulded according to the original topography of the terrain and the technical needs and requirements of the sport.

**Impact on the community wellbeing:** The Skate Park and Parkour space brought to the Municipality of Lousada a new way of promoting informal physical activity for young people.

These practices will allow young people to use urban outdoor spaces more, thus contributing to the improvement of their well-being and quality of life.

**Impact on community inclusion:** The whole idea involved the active participation of the community. And the entire sports structure was designed so that, free of charge, the local community can enjoy the space.



### **coherence with sustainable development goals**

Goal 3: Ensure healthy lives and promote well-being for all at all ages.

Goal 5: Achieve gender equality and empower all women and girls.

Goal 11: Make cities and human settlements inclusive, safe, resilient and sustainable.

**Potential of improving people's health:** High

**Level of creativity:** High

**Attention to gender equality and inclusion:** High.

**Aesthetic impact on the urban environment:** High.

**Level of sustainability:** High.

**Links to sources**

[https://portocanal.sapo.pt/um\\_video/DLLiM2zTs1pKUME5qwQu](https://portocanal.sapo.pt/um_video/DLLiM2zTs1pKUME5qwQu)

[https://www.facebook.com/permalink.php?story\\_fbid=pfbid0yEG921mQEWYz9FukKiK3dnh9G2xRBijWwoPnMQcbVdkiRezVbFBK18kLLSMHBr6Xl&id=103522283059714](https://www.facebook.com/permalink.php?story_fbid=pfbid0yEG921mQEWYz9FukKiK3dnh9G2xRBijWwoPnMQcbVdkiRezVbFBK18kLLSMHBr6Xl&id=103522283059714)

[https://issuu.com/municipiodelousada/docs/2020-08\\_completa](https://issuu.com/municipiodelousada/docs/2020-08_completa)

[https://www.cm-lousada.pt/pages/862?news\\_id=2084](https://www.cm-lousada.pt/pages/862?news_id=2084)

[https://www.cm-lousada.pt/pages/862?news\\_id=1680](https://www.cm-lousada.pt/pages/862?news_id=1680)

<https://averdade.com/skate-park-em-lousada-vai-ser-oficialmente-inaugurado/>

<https://novumcanal.pt/2020/06/22/lousada-vai-ter-skate-parque-e-zona-de-parkour/>

[https://www.cm-lousada.pt/pages/862?news\\_id=1680](https://www.cm-lousada.pt/pages/862?news_id=1680)

